

15 Most Written about Subjects*
Profile in Courage Essay Contest
2018 - 2022
(Alphabetical Order)

Since **originality** is one of the [criteria for judging](#), writing about one of these officials will lower your content score.

Stacey Abrams

Bella Abzug

Ralph Carr

Shirley Chisholm

Frank Church

Alexandria Ocasio-Cortez

Everett Dirksen

Linwood Holton

Barbara Lee

Harvey Milk

Patsy Mink

Wayne Morse

Jeannette Rankin

Margaret Chase Smith

Paul Wellstone

*Please note:

1. Lyndon B. Johnson, Barack Obama, Ronald Reagan, Franklin D. Roosevelt, Harry S. Truman, and Donald Trump were in the top 25 most written about subjects. [We discourage students from writing about presidents.](#)

2. Liz Cheney, Russ Feingold, John McCain, and Mitt Romney were in the top 25 most written about subjects but they are past recipients of the Profile in Courage Award. Essays about [past recipients of the Profile in Courage Award](#) will be disqualified unless they describe an act of political courage other than the act for which the award was given. However, past recipients are not considered original essay subjects.